



"Peace of mind, guidance and reduced stress. I placed my trust in enABLE's care and have not been disappointed."



Our Service Area

Marin Napa East Bay South Bay
Peninsula San Francisco Coastside



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enABLE
CARE MANAGEMENT
851 North San Mateo Drive, Suite D
San Mateo, CA 94401



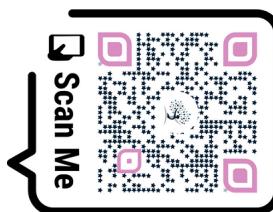
enABLE
CARE MANAGEMENT



Concierge Services for Seniors

enABLE matches your aging loved one with solutions that solve their care needs.

Follow us on social media!





Concierge Team

Care Management

Care Managers ensure all health, safety, medical and personal needs are met. Coordination of all care needs with you at the center.

Medication Management

Registered Nurses manage medications, fill medi-sets, monitor and communicate with doctors and pharmacies.

Placement Services

Placement Specialists explore living options, set up tours, communicate, and organize logistics for a move.

Enrichment

Activity Therapists implement engagement resources, activities and outings to bring optimal joy and fulfillment.

Nutrition

Registered Dietitians offer condition-specific dietary interventions, meals and food swaps, while working in conjunction with medical professionals.

Exercise

Personal Trainers work with medical teams to create exercise sessions and plans increasing strength and mobility.

End of Life Services

End of Life Doulas provide therapeutic sessions and activities, arrange vigils and facilitate a peaceful passing.

Mediation

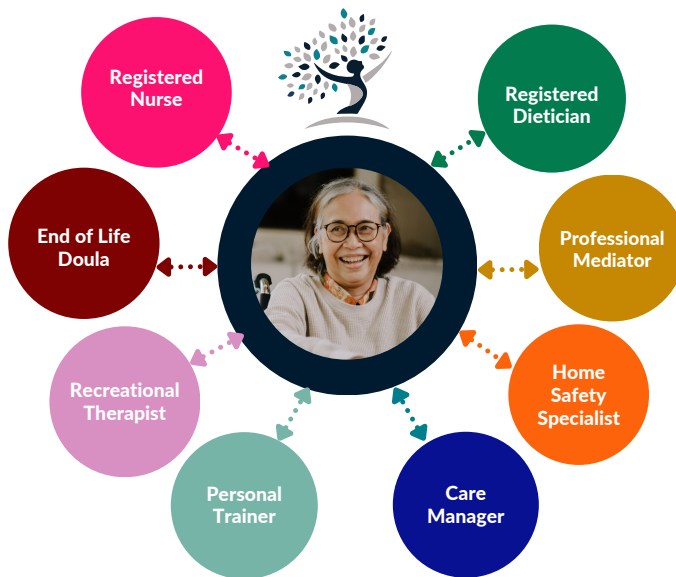
Professional Mediators facilitate sessions, solutions and conclusions to challenging family circumstances.

Home Safety

Home Safety Specialists preserve independence by assessing home safety and providing appropriate resources and solutions.



How We Work



Working with Us



You pay a flat monthly fee based on your needs.



We meet the needs of your loved one with our "village."



You enjoy peace of mind.



enABLE Process

When you incorporate enABLE Care Management into your family, you encircle your loved one with an entire village of multidisciplinary experts who collaborate holistically to ensure every aspect of care, safety, and happiness are attended to.

Our monthly flat fee model empowers you and your loved one to embrace all services offered in the comfort of home. We want you focused on quality of life and what matters most to you.

Steps



Execute on Care Plan